

# On the Practical Path of College Labor Education in the New Period

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**Abstract:** Labor education is an important part of the socialist education system with Chinese characteristics and a necessary way to promote the mature growth of college students. From the current situation of labor education in Chinese universities, the phenomena of low penetration rate of labor education, imperfect education system and incomplete teaching contents are still widespread. In the new period, college labor education needs to start with teaching ideas and ideas, enrich theoretical knowledge, and first emphasize the teaching significance of college labor education. To explore the establishment of an education system suitable for college labor education in the new period, to restore the basic position of labor education, to highlight the value of the times, to realize the educational function of labor education, to enhance the labor consciousness of contemporary college students, to help college students establish a correct view of labor, and to promote the all-round development of college students' morality, intelligence, physique, beauty and labor.

## 1. Introduction

The combination of labor and education is one of the educational policies that our country has always adhered to. However, the traditional labor education classroom often unilaterally pursues the indoctrination of simple labor knowledge and the training of brief labor skills, and lacks attention to the psychological characteristics and quality of the educated, which directly affects the realization of the value implication of labor education. Human labor and its achievements are not only the embodiment of a person's contribution and individual value, but also the basis of his development. Labor education is of great significance to human development, especially for college students. How to build a labor education system that reflects the characteristics of the times in higher education. Based on the perspective of knowledge holistic theory, this study explores the theoretical logic and practical path of scientifically constructing a new period university labor education system combining organic integration with independent setting.

## 2. Connotation of labor education in the new period

In the new period, labor education in universities has a higher conception. Labor education mainly obtains education through labor, and labor can be divided into manual labor and mental labor. Manual labor can exercise people's physical fitness, improve their working ability in the process of labor, understand the hardships of labor, and cherish the fruits of labor; Mental work can mobilize people's cognitive ability and non-cognitive ability to participate.

Foreign studies have found that among the abilities cultivated by school education, non-cognitive ability can get 80% return in the labor market, while the correlation between cognitive ability and labor market performance is weak [1-2]; Studies in China show that both non-cognitive and cognitive development of individuals in college have a significant impact on the monthly salary of entry-level employees [3]. It can be seen that labor education with hands and brains can improve non-cognitive ability. In short, labor education plays an important role in whether young college students can grasp life and gain growth and achievements.

To sum up, in the new period, the labor education in universities should focus on manual labor, so that young college students can get development from it. Labor education in this paper refers to the improvement of young college students' cognitive ability and non-cognitive ability through the

combination of hands and brains.

### **3. College labor education in the new period**

#### **3.1. Understanding of labor education**

How to understand university labor education, whether it can be taught, what to teach, and what students can learn, deserves deep exploration and thinking. The connotation of labor education needs an integrated and dialectical understanding, which has its intrinsic relationship. "Labor education is the organic unity of education about labor and education through labor" [4].

Labor education can not only work without education, but also fail to achieve the goal of educating people without experience summarization, reflection and introspection, and can not only educate without labor, but stay in the classroom, books and theory, which deviates from the practical characteristics of labor itself and becomes empty talk.

#### **3.2. Understanding of labor education**

To be a qualified socialist builder and successor, it is necessary to develop morally, intellectually, physically, aesthetically and laboriously in an all-round way, attach importance to the functional influence of labor education on other education, and at the same time, establish a correct labor education value concept and labor quality, so it is extremely important to correct the deviation in understanding and cognition of labor education.

The first is to narrow the labor education into "manual labor education". The essence of labor education is a collection of many specific labor forms, including not only physical labor, mental labor, but also creative labor and other forms. The narrow concept of labor is equated with manual labor, and labor education is also equated with participating in simple manual labor [5]. Second, labor education is alienated into "disciplinary education". "The characteristics of 'pain' and 'humbleness' contained in labor make labor a means of social punishment. Labor punishment has become an important means of "reforming the people" and "punishing the bad elements" in China for a long time, which also affects education [6]. Thirdly, labor education is simplified as "skill education". Skill education is a kind of vocational education, and it is a concrete embodiment of labor education in vocational education. There is an internal logical relationship between them.

### **4. Necessity of college students' labor education in the new period**

#### **4.1. Labor itself has extremely important educational value**

College students are the future labor force, and labor exercise is an inevitable choice to improve the level of their labor force. Labor is the activity that human beings create material or spiritual wealth, and its essence is the confirmation of human self-development. Labor is an activity in which human beings create material or spiritual wealth. It has both physical strength and mental power.

Labor has moral value. People form social relations in labor, master and develop social morality, praise and affirm hard work, hate and lash out at unearned gains, and regard labor as morality and diligence as virtue. Labor has intellectual value, and people need to acquire knowledge and experience and master production skills to have certain labor ability, which is labor production; At the same time, people also need to restore and improve their labor ability (labor reproduction) to adapt to the ever-developing social production, and education is an important means to realize the above labor production and reproduction. Labor is not only a means of earning a living, but also a medium leading to the objective world and subjective world, and the only way to realize the perfection and complete freedom of human nature [7].

#### **4.2. It is an important way to improve the comprehensive quality of contemporary college students**

Under the background of the new period, higher education puts forward higher requirements for the comprehensive ability and comprehensive quality of college students. The cultivation of

students' comprehensive ability is not only the improvement of professional theory and practical skills, but also the cultivation of college students' thinking quality and the guidance of the formation of students' values.

In the new period, college students have more channels to receive information, and they are more easily eroded by incorrect values, which leads to the decline of students' thinking quality. Carrying out labor education for students and guiding them to form correct values of loving and glorious labor can effectively help students resist the erosion of bad thoughts, thus improving their comprehensive quality and guiding them to achieve self-improvement and self-improvement through labor.

#### **4.3. It is the essential requirement to carry out the fundamental task of moral education**

Morality is to promote students to form good political, ideological, moral and psychological qualities, and to cultivate students to become socialist builders and successors with all-round development of morality, intelligence, physique and beauty. As far as university education is concerned, labor education plays the same important role as moral education, intellectual education, aesthetic education, physical education, etc. Labor education and other education play their respective roles in the work of cultivating people by virtue, with their own characteristics and responsibilities, so as to jointly achieve the educational goal of all-round development and form a complete system of all-round development education.

Through labor education, college students can combine body and brain in their study, life and work, so as to master profound theoretical knowledge, master skills and techniques, and be good at operation and practice. Labor education has the functions of nourishing morality, improving knowledge and ability, strengthening physical fitness and cultivating aesthetics, and it is an important means to strengthen the implementation of the fundamental task of cultivating people by virtue.

### **5. Practical path of university labor education**

#### **5.1. Clarify the scientific connotation of labor education**

On the one hand, we should pay more attention to labor education. Suhomlinski, a famous educator in the former Soviet Union, once said: "Education other than labor and education without labor do not exist and cannot exist." Labor education in universities is closely related to the all-round development of college students in the new period, and it is the unity of many elements such as college students' thoughts, morals and behaviors. In the new period, we must strengthen theoretical research, consolidate the theoretical foundation of labor education, and ensure the scientific nature of labor education.

On the other hand, it meets the practical needs of college students in the new period. Starting from the subjective status of college students, deepening the value connotation of educating people through labor and actively catering to the needs of college students have not only the low-level needs related to their own basic life skills training, but also the high-level needs that can inspire them to care about state affairs and strive for the realization of their own social values.

#### **5.2. Establish a reasonable labor education mechanism**

Universities need to sum up the experience of labor teaching, and sum up the reasonable labor education mechanism suitable for their own universities. We can set up a special labor education propaganda group, strengthen the propaganda of labor spirit in the whole school, and at the same time carry out the organic combination of labor education with professional teaching, and scientifically add labor education content to students' professional curriculum design. In order to establish an effective and effective evaluation mechanism of labor teaching, students' professional practice and social practice should be added to the project of labor evaluation.

The construction of university labor teaching mechanism and the propaganda of labor spirit are also inseparable from the propaganda of social labor thoughts. Universities can invite outstanding

figures such as social model workers to give relevant lectures to students, so that students can take the model of model workers, work actively and love labor.

### **5.3. Innovative labor education curriculum**

First, universities should strengthen the design of training programs for labor education courses, formulate the Outline of Labor Skills Courses, optimize the curriculum, learn from the advanced theoretical achievements of foreign labor education, take students' development needs as the guide, implement labor education courses, return to classroom education, and rely on classrooms to ensure the development of labor education and enhance the effectiveness of labor education.

Second, universities should actively integrate internal and external resources, create the curriculum system of labor education, innovate the forms of labor education, increase the curriculum of labor practice and realize the combination of labor theory education and practice education. It is necessary to give full play to the cooperative education function of schools, schools and enterprises, deepen the integration of production and education, and build a professional practice curriculum system, such as practicing teaching mode, introducing enterprises into schools teaching mode, teaching mode of one professional skill+one professional experience, etc.

Third, innovate the curriculum content of labor education, set up a compulsory course "General Theory of Labor" for freshmen, improve the content of labor in the traditional virtues of the Chinese nation into the university labor education curriculum, and create a "six skills of labor" course to enhance the effectiveness of labor general education.

### **5.4. Gather high-quality resources and highlight the ability of labor and education**

First, adjust measures to local conditions, establish a campus localization labor education practice base, carry out various practical training, strengthen the integration of labor education and professional education, and highlight the application ability.

Second, build a technical support platform, subdivide the technical categories of labor education, establish a professional and specialized teaching staff, make full use of technical advantages, and do a good job in career planning and selection. On this basis, build a batch of characteristic brands of labor education to enhance professional ability.

Thirdly, under the situation of highly constrained resources, we should expand the cooperation mode and resource sharing platform between government and schools, schools and enterprises, promote the rational and efficient flow and use of resources, realize sharing and enhance the ability of resource sharing.

Fourth, in the digital age, universities can activate new forms of labor education through digital platforms such as purchase, bidding, service volume and guiding fund, and activate labor education and enhance innovation ability.

### **5.5. Strengthen the construction of moral culture in labor education**

As Marx said, education is education precisely because it is the awakening of personality and soul. Therefore, we must construct a positive social culture of labor education, and guide the behavior change through ideological edification, so as to meet the needs of improving students' moral cultivation, cultivating their sentiments and building their complete personality.

First, we should create a trinity labor and education environment of society, universities and families. Break the isolated pattern of school education for a long time, strive for the active cooperation and strong solidarity between family labor and social labor and education, create more realistic labor and education situations, and enhance the sense of reality and effectiveness of labor and education; Second, we should pay attention to the guiding work of public opinion propaganda. Attention should be paid to the publicity and interpretation of Marxist labor concept by social media, and the promotion of the traditional virtues of diligence and hard work should help college students to correctly understand the labor spirit and enhance their enthusiasm for labor.

## 6. Conclusions

In the new period, labor education is an important content of ideological and political education in universities, one of the core courses to carry forward socialist core values, and an important carrier and grasper to promote the implementation of the fundamental tasks of moral education. The implementation of labor education first requires universities to change their attitude towards labor education, and clarify the important practical significance of labor education in the new period and its important supporting role in the formation of college students' comprehensive quality. College students can't grow up without labor. Strengthening labor education is an important way for universities to improve their education and teaching level and cultivate all-round high-quality professionals. It is of great significance to promote and implement labor education in an all-round way for higher education in the new period to comprehensively improve the ability of personnel training.

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